

**THE BELVEDERE PREPARATORY SCHOOL MENU: WEEK 1**

	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<i>HOT MEAL OF THE DAY OPTION (CHOICE ONE)</i>	Pork Sausage	Lamb Meatballs in tomato and herb sauce	Sliced Roast Chicken	Pizza Margherita	Cod Fishfingers
<i>VEGETARIAN OPTION (CHOICE TWO)</i>	Vegetarian Sausage (Free From Dairy and Gluten saugages available)	Quorn Balls in tomato and herb sauce	Rice and Vegetable Stuffed Peppers	Diced Potatoes	Chips
<i>ACCOMPANIMENTS (APPLIES TO CHOICES ONE &amp; TWO)</i>	Baked Beans or Diced Carrots Creamed Potatoes or New Potatoes	Pasta Twists (Free From Gluten and Dairy Pasta available) Garlic Bread	Broccoli florets, roast potatoes, gravy	Salad leaves, tomato, cucumber, coleslaw	Peas or spaghetti rings, tomato ketchup
<i>JACKET POTATO OPTION (CHOICE THREE)</i>	Tuna Mayo Baked Beans Grated Cheddar Cheese  Salad pot available from cold display trolley	Tuna Mayo Baked Beans Grated Cheddar Cheese  Salad pot available from cold display trolley	Tuna Mayo Baked Beans Grated Cheddar Cheese  Salad pot available from cold display trolley	Tuna Mayo Baked Beans Grated Cheddar Cheese  Salad pot available from cold display trolley	Tuna Mayo Baked Beans Grated Cheddar Cheese  Salad pot available from cold display trolley
<i>SANDWICH OPTION (CHOICE FOUR)</i>	Tuna Mayo on wholemeal bread Chicken Breast mayo lettuce wrap Ham and Turkey Roll  Salad pot available from cold display trolley	Tuna Mayo on wholemeal bread Chicken Breast mayo lettuce wrap Ham and Turkey Roll  Salad pot available from cold display trolley	Tuna Mayo on wholemeal bread Chicken Breast mayo lettuce wrap Ham and Turkey Roll  Salad pot available from cold display trolley	Tuna Mayo on wholemeal bread Chicken Breast mayo lettuce wrap Ham and Turkey Roll  Salad pot available from cold display trolley	Tuna Mayo on wholemeal bread Chicken Breast mayo lettuce wrap Ham and Turkey Roll  Salad pot available from cold display trolley
<i>DESSERT (APPLIES TO ALL CHOICES)</i>	Vanilla Ice Cream Selection of desserts yogurts and fresh fruit available from the cold display trolley	Scone Selection of desserts yogurts and fresh fruit available from the cold display trolley	Sponge Cake and Custard Selection of desserts yogurts and fresh fruit available from the cold display trolley	Cheese and Crackers Selection of desserts yogurts and fresh fruit available from the cold display trolley	Jelly Selection of desserts yogurts and fresh fruit available from the cold display trolley

**THE BELVEDERE PREPARATORY SCHOOL MENU: WEEK 2**

	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<i>HOT MEAL OF THE DAY OPTION (CHOICE ONE)</i>	Curry Chicken	Chicken Burger in a Bun	Roast Ham or Sliced Roast Chicken	Pork Sausages	Cold Fish Cakes
<i>VEGETARIAN OPTION (CHOICE TWO)</i>	Vegetable Curry	Vegi Burger	Stuffed Pepper	Vegetarian Sausages Dairy or Gluten Free sausages	Cheese and Onion Quiche
<i>ACCOMPANIMENTS (APPLIES TO CHOICES ONE &amp; TWO)</i>	Boiled Basmati rice Peas Naan or Garlic Bread	Diced Potatoes Tomatoes, cucumber, coleslaw	Cauliflower Cheese or sliced carrots Roast potatoes Gravy	Creamed Potato or new Potatoes Peas or Sweetcorn	Chips Peas or Spaghetti Rings Tomato Ketchup
<i>JACKET POTATO OPTION (CHOICE THREE)</i>	Tuna Mayo Baked Beans Grated Cheddar Cheese  Salad pot available from cold display trolley	Tuna Mayo Baked Beans Grated Cheddar Cheese  Salad pot available from cold display trolley	Tuna Mayo Baked Beans Grated Cheddar Cheese  Salad pot available from cold display trolley	Tuna Mayo Baked Beans Grated Cheddar Cheese  Salad pot available from cold display trolley	Tuna Mayo Baked Beans Grated Cheddar Cheese  Salad pot available from cold display trolley
<i>SANDWICH OPTION (CHOICE FOUR)</i>	Cheddar cheese on soft floured roll Chicken Breast and salad on wholemeal bread Tuna and cucumber Mayo with salad wrap  Salad pot available from cold display trolley	Cheddar cheese on soft floured roll Chicken Breast and salad on wholemeal bread Tuna and cucumber Mayo with salad wrap  Salad pot available from cold display trolley	Cheddar cheese on soft floured roll Chicken Breast and salad on wholemeal bread Tuna and cucumber Mayo with salad wrap  Salad pot available from cold display trolley	Cheddar cheese on soft floured roll Chicken Breast and salad on wholemeal bread Tuna and cucumber Mayo with salad wrap  Salad pot available from cold display trolley	Cheddar cheese on soft floured roll Chicken Breast and salad on wholemeal bread Tuna and cucumber Mayo with salad wrap  Salad pot available from cold display trolley
<i>DESSERT (APPLIES TO ALL CHOICES)</i>	Vanilla Ice Cream Selection of desserts yogurts and fresh fruit available from the cold display trolley	Fairy Cake Selection of desserts yogurts and fresh fruit available from the cold display trolley	Rice Pudding Selection of desserts yogurts and fresh fruit available from the cold display trolley	Chocolate Chip Cookie Selection of desserts yogurts and fresh fruit available from the cold display trolley	Jelly Selection of desserts yogurts and fresh fruit available from the cold display trolley

**THE BELVEDERE PREPARATORY SCHOOL MENU: WEEK 3**

	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<i>HOT MEAL OF THE DAY OPTION (CHOICE ONE)</i>	Cheese and Tomato Pastabake	Roast Chicken Pie	Roast Turkey	Lamb Bolognese	Cod Fishfingers
<i>VEGETARIAN OPTION (CHOICE TWO)</i>	Chicken Casserole	Vegetable Quiche	Stuffed vegetable and cheese pepper	Vegetable Bolognese	Cheese and Tomato Quiche
<i>ACCOMPANIMENTS (APPLIES TO CHOICES ONE &amp; TWO)</i>	Sweetcorn Garlic Bread Slice	Peas Rice	Broccoli Florets Roast Potatoes Gravy	Diced Carrot Pasta twists (Gluten and Dairy Free available)	Chips Spaghetti Rings or Peas Tomato Ketchup
<i>JACKET POTATO OPTION (CHOICE THREE)</i>	Tuna Mayo Baked Beans Grated Cheddar Cheese  Salad pot available from cold display trolley	Tuna Mayo Baked Beans Grated Cheddar Cheese  Salad pot available from cold display trolley	Tuna Mayo Baked Beans Grated Cheddar Cheese  Salad pot available from cold display trolley	Tuna Mayo Baked Beans Grated Cheddar Cheese  Salad pot available from cold display trolley	Tuna Mayo Baked Beans Grated Cheddar Cheese  Salad pot available from cold display trolley
<i>SANDWICH OPTION (CHOICE FOUR)</i>	Ham and Cheese on soft floured roll Tuna Mayo on wholemeal bread Grated Cheddar Cheese and apple wrap  Salad pot available from cold display trolley	Ham and Cheese on soft floured roll Tuna Mayo on wholemeal bread Grated Cheddar Cheese and apple wrap  Salad pot available from cold display trolley	Ham and Cheese on soft floured roll Tuna Mayo on wholemeal bread Grated Cheddar Cheese and apple wrap  Salad pot available from cold display trolley	Ham and Cheese on soft floured roll Tuna Mayo on wholemeal bread Grated Cheddar Cheese and apple wrap  Salad pot available from cold display trolley	Ham and Cheese on soft floured roll Tuna Mayo on wholemeal bread Grated Cheddar Cheese and apple wrap  Salad pot available from cold display trolley
<i>DESSERT (APPLIES TO ALL CHOICES)</i>	Vanilla Ice Cream Selection of desserts yogurts and fresh fruit available from the cold display trolley	Cheese & Crackers Selection of desserts yogurts and fresh fruit available from the cold display trolley	Apple Crumble Selection of desserts yogurts and fresh fruit available from the cold display trolley	Fairy Cake Selection of desserts yogurts and fresh fruit available from the cold display trolley	Jelly Selection of desserts yogurts and fresh fruit available from the cold display trolley